



1 Insert the stretcher into your shoes. Let the heel block face down and the toe block touch the end of toe box.



2 To lengthen, turn wheel knob clockwise. Heel block moves backwards to lean against heel counter. Once snugged, turn 2-3 more times.



3 To widen, turn the hook handle clockwise. The toe block opens to expand the shoes. Once snugged, turn 2-3 more times.



4 If you need extra widen for special needs, insert the bunion plugs in appropriate holes and press it to the end by palm.



5 If you want to raise instep area, insert the heightening pads between the vamp and stretcher block.



6 Leave the stretcher in your shoe for more than 24 hours. Turn back to retract the block and pull out gently.

Warm Tip:

Do not over stretch the shoe, or your shoe may get damaged.

Before widening your shoes, make sure you have well done step 2. Only the heel block has lightly leaned against the shoes back then you can widen it successfully, or the shoe stretcher may slide backwards while widening.

How to insert / take off the bunion plug

Knead the bunion head with your fingers, insert the bunion leg into appropriate holes and then press the button to its end by your palm. (see pics 1.1&1.2&1.3)



To take the bunion off: Turn the bunion clockwise with a little pull force to loosen it. Then pull out the bunion by your fingers. (see pics 1.4&1.5)



Shoe Stretcher Instruction

Introduction:

cyrico Shoe Stretcher can stretch the length and width of your shoes for a comfy fit. Our shoe expander is made of premium plastic and metal, along with pressure relief plugs and height pads that target tight or painful areas caused by blisters, corns or bunions.

Product Information



Package Includes:

2 x Shoe Stretchers,
3 x Heightening Pads,
12 x Bunion Plugs,
1 x Shoe Horn,
1 x Drawstring Carrying Bag,
1 x User Manual.

